

## **Brief Curriculum Vitae**

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### **Academic Qualifications**

Degree	Institution	Year
MBBS	VCSG Govt. Medical Sciences & Research Institute, Srinagar, Pauri Garhwal, Uttarakhand	2014
MD (Psychiatry)	AIIMS, New Delhi	2019
DNB (Psychiatry)	National Board of Examination in Medical Sciences, New Delhi	2020

### **Professional Work Experience**

S. no.	Position	Organisation	From	To
1.	Medical Officer	DGHS, Government of Uttarakhand	March 2014	April 2015
2.	Junior Resident (Non-Acad.)	Department of Emergency Medicine, AIIMS, New Delhi	January 2016	March 2016
3.	Senior Resident	Department of Psychiatry & NDDTC, AIIMS, New Delhi	July 2019	July 2022
4.	Senior Research Officer	NDDTC, AIIMS, New Delhi	August 2022	September 2022
5.	Assistant Professor	ESI-PGIMSR, Basaidarapur, New Delhi	September 2022	March 2023
6.	Assistant Professor	Apex Trauma Centre, SGPGIMS, Lucknow	27.03.2023	Till now

## RESEARCH INTERESTS

Substance use disorders, Injecting drug use, Internet Gaming Disorder, Dual-diagnosis, Neuropsychiatry, Consultation-Liaison Psychiatry

## MEMBERSHIP OF PROFESSIONAL BODIES

- Member of National Academy of Medical Sciences (MNAMS)- 2022
- Life Associate of Indian Association for Social Psychiatry- 2022
- Life Ordinary Member of Indian Psychiatric Society- 2019

## ACADEMIC ACTIVITIES: PAPER/POSTER PRESENTATIONS

- Awarded Best Poster Award at WASP Asia-Pacific Hybrid Congress, 2021,
- Awarded Conference Bursary to attend 23<sup>rd</sup> ISAM Annual Scientific Congress, 2021
- Certificate Course in “Leading Innovation in Healthcare” by Warwick Business School, University of Warwick, UK, 2021

## PUBLICATIONS

1. **Saini, R.**, Rao, R., Parmar, A., Mishra, A., Ambekar, A., Agrawal, A. and Dhingra, N. (2019). Rates, knowledge, and risk factors of non-fatal opioid overdose among people who inject drugs in India: A community-based study. *Drug and Alcohol Review*, 39(1), 93-97
2. **Saini, R.**, Verma, R., & Chadda, R. K. (2022). Referrals to a Consultation-Liaison Psychiatry Service in a Tertiary Care COVID-19 Hospital in Northern India: A Comparison With Global Trends. *Journal of the Academy of Consultation-Liaison Psychiatry*, 63(3), 294–296
3. **Saini, R.**, Parmar, A., Rao, R., Mishra, A. K., Ambekar, A., Agrawal, A. Psychiatric and Substance Use Comorbidities among People who Inject Drugs in India: A Cross-Sectional, Community-Based Study. (2021). *World Social Psychiatry*, 3:195-202
4. **Saini, R.**, Panda, U. and Sarkar, S. (2018). A case report of pregabalin use disorder with comorbid somatic symptom disorder and depression. *Asian Journal of Psychiatry*, 32; 89-91.
5. Bhasin, A., **Saini, R.**, Verma, R., Rajkumar, T. S., Singh, A., Singh, A. K., & Tousifullah, M. (2022). Effectiveness of electroconvulsive therapy in acute management of delirious mania in COVID-19 positive woman in second trimester pregnancy. *Asian journal of psychiatry*, 76, 103230. Advance online publication. doi.org/10.1016/j.ajp.2022.103230

6. Singh, S., **Saini, R.**, & Sagar, R. (2022). Quality of web-based information on attention deficit hyperactivity disorder. *Asian Journal of psychiatry*, 71, 103071
7. Singh, S., **Saini, R.**, & Sagar, R. (2022). Quality of online news media reports of child sexual abuse in India. *Industrial Psychiatry Journal* [Epub ahead of print] [cited 2022 Jun 22]. Available from: <https://www.industrialpsychiatry.org/preprintarticle.asp?id=346508>
8. Balhara, Y, P, S., Singh, S., **Saini, R.**, Kattula, Dheeraj., Chukkali, S., Bhargava R. (2020). Development and validation of Gaming Disorder and Hazardous Gaming Scale (GDHGS) based on the WHO framework (ICD-11 criteria) of disordered gaming. *Asian Journal of Psychiatry*, 54(5): 102348
9. Balhara, Y., Singh, S., **Saini, R.**, Dahiya, N., Singh, A. B., & Kumar, R. (2021). Should Internet gaming disorder be considered a subtype of generalized problematic internet use? Findings from a study among medical college students. *Perspectives in Psychiatric Care*, 57(1), 272–278
10. Panda, U, K., Sahoo, S, S., **Saini, R.** (2020). Stigma and Substance Use Disorders: A Contextual Review from an Indian Perspective. *Annals of Indian Psychiatry* 4 (2); 118-121
11. **Saini, R.**, Patra, B. N., (2022) Book Chapter- *Insight in Psychiatry: Clinical Methods in Psychiatry* (Accepted for publication)
12. Contributing Editor and Author- **The 5-Minute Clinical Consult 2020**, South Asian Edition- Wolters Kluwer (India) Pvt. Ltd., New Delhi

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